

BOWLS

	SNACK	REGULAR
Super Monkey Açaí, berries, banana, pineapple, coconut water Toppings: Granola, coconut, banana, strawberries, chia seeds <i>snack 287 cal regular 382 cal</i>	6.50	9.95
Train Your Dragon Pitaya, strawberries, banana, pineapple, apple juice Toppings: Granola, coconut, banana, pineapple, chia seeds <i>snack 310 cal regular 390 cal</i>	7.00	10.50
Coco Loco Acai, peanut butter, cacao, banana, berries, vanilla almond milk Toppings: Granola, coconut, banana, strawberries, chia seeds, cacao nibs <i>snack 380 cal regular 516 cal</i>	7.50	10.95
Guac My World Avocado, spinach, kale, banana, pineapple, coconut water Toppings: Granola, coconut, banana, strawberries, chia seeds <i>snack 337 cal regular 473 cal</i>	6.50	9.95
Let that ManGo Pitaya, mango, peaches, apple juice Toppings: Granola, coconut, banana, chia seeds <i>snack 309 cal regular 401 cal</i>	6.50	9.95
Lime Feelin' Good Acai, lime, mint, ginger, pineapple, mango, coconut water Toppings: Granola, coconut, mango <i>snack 375 cal regular 490 cal</i>	6.50	9.95

SMOOTHIES

	MEDIUM	LARGE
Super Monkey Açaí, berries, banana, pineapple, coconut water <i>medium 240 cal large 300 cal</i>	6.50	8.00
Train Your Dragon Pitaya, strawberries, banana, pineapple, apple juice <i>medium 337 cal large 421 cal</i>	6.95	8.50
Coco Loco Açaí, peanut butter, cacao, berries, banana, vanilla almond milk <i>medium 343 cal large 429 cal</i>	7.95	9.50
Guac My World Avocado, spinach, kale, banana, pineapple, coconut water <i>medium 307 cal large 384 cal</i>	6.25	7.75
Let that ManGo Pitaya, mango, peaches, apple juice <i>medium 290 cal large 363 cal</i>	6.95	8.50
Don't Kale My Vibe Kale, almond butter, apple, pineapple, banana, coconut milk <i>medium 356 cal large 445 cal</i>	7.50	9.00
The Banana Stand Strawberries, banana, cinnamon, vanilla almond milk <i>medium 224 cal large 280 cal</i>	6.25	7.75
Cold Brewski Banana, Bungalow Brew cold brew, dates, cinnamon, vanilla almond milk <i>medium 265 cal large 331 cal</i>	6.95	8.50
Lime Feelin' Good Acai, lime, ginger, mint, pineapple, mango, coconut water <i>medium 202 cal large 253 cal</i>	6.50	8.00

EXTRA GOODIES

ADD TO BLEND

Plant Protein	1.50
Whey Protein	1.50
Collagen Peptides	2.00
Chia Seeds	50¢
Cacao Powder	75¢
Matcha	1.00
Spinach	1.00
Kale	1.00
Cauliflower sub for	
Banana	1.00
Extra fruit/fruit sub	75¢
Spirulina	2.00

ADD TO TOPPINGS

Honey	25¢
Peanut butter	50¢
Almond butter	1.50
Flax seeds	50¢
Walnuts	75¢
Sliced Almonds	75¢
Cacao Nibs	75¢
Gogi Berries	1.00
Extra Fruit	75¢
Extra Granola	75¢

TOAST

All toasts are made with local fresh multigrain bread
Substitute Gluten-Free Bread +\$0.50 1 Slice | \$0.75 2 Slices
Add Grilled Chicken + \$1.75 1 Slice | \$3.00 2 Slices

	1 SLICE	2 SLICES
Loaded Avocado	4.50	7.75

Avocado, feta, arugula, tomatoes, everything bagel seasoning, black pepper, red pepper flakes, extra virgin olive oil

1 slice 396 cal | 2 slices 792 cal

Avo Caprese	4.50	7.75
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Avocado, fresh mozzarella, tomatoes, pink salt, pepper, basil, balsamic, extra virgin olive oil

1 slice 363 cal | 2 slices 727 cal

Nuts for Nanners	3.50	6.50
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Peanut butter, banana, cinnamon, honey, chia seeds

Sub strawberries or apples +\$0.50 | \$0.75

Sub almond butter +\$0.75 | \$1.00

1 slice 358 cal | 2 slices 716 cal

Pesto Both Worlds Served Hot!	4.00	6.95
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Pesto, feta, kale, carrots, pepper, extra virgin olive oil

1 slice 305 cal | 2 slices 611 cal

Pizza My Mind Served Hot!	4.00	6.95
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Tomato sauce, fresh mozzarella, tomatoes, basil, pink salt, pepper, extra virgin olive oil

1 slice 228 cal | 2 slices 457 cal

DRINKS

Choice of unsweetened vanilla almond milk, oat milk, or half n half

	SMALL	MEDIUM
Arcadia Coffee Local!	2.50	3.50

Arcadia Cold Brew	3.50	4.50
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Iced Matcha Latte	4.00	5.00
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Blended Matcha Latte	6.00	8.00
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Unsweetened matcha, vanilla almond milk, honey, ice blended