

MAGNOLIAS ZERO7



**2022 LOYAL E. HORTON DINING
AWARD WINNER**

MEAL PLAN

Magnolias Zero 7 is not just a restaurant for students with dietary needs, but open to all. Every student can enjoy the tasty options! Always healthy and delicious even if you don't have food allergies.

One Meal Swipe = entree, two sides, one fountain drink

Accepts Frog Bucks & Campus Cash

HOURS

MONDAY – FRIDAY:

Breakfast | 8:00am – 9:30am

Lunch | 11:00am – 2:00pm

Dinner | 5:00pm – 8:00pm

SATURDAY – SUNDAY:

Brunch | 10:30am – 2:00pm

Dinner | 5:00pm – 8:00pm

All meals cooked in Magnolias Zero 7 are always soy, egg, wheat/gluten, shellfish, dairy, tree nut/peanut, and sesame free.

“
IT'S BEEN SUCH
AN ESSENTIAL
PART OF MY
LIFE...IT HAS
MADE ME FEEL
COMFORTABLE
AND AT HOME AS
IF I HAD A
COMMUNITY
THAT REALLY
CARED.

”



HISTORY AND GOAL OF MAG7

- Magnolias Zero 7 opened in 2017 as an allergy free kitchen. The kitchen, coolers, equipment, and uniforms are all specific to the space to avoid cross contact. All products that are ordered are carefully reviewed by our manager who is AllerTrained.

Students' favorite is our variety of desserts!

We acknowledge that eating meals that do not contain the top allergens can be tricky on our taste buds so our craft kitchen experiments and builds menus to recreate traditional dishes with an allergy free twist. This also means we expand on our menu with flavors around the world.

WHY MAGNOLIAS ZERO 7?

For medically diagnosed students with food allergies there is a close partnership between our team, your parents, and yourself.

ROTATING MENU 7 DAYS A WEEK

Not missing out on flavors. Menu expands into an array of cultural flavors. Meal options will always include:

**Protein – Starch – Veggies
Salad Bar – Desserts – Soup**

POPULAR ENTREES

BBQ
Pasta
Tacos
Wings

POPULAR DESSERTS

Chocolate Fudge Brownie
Strawberry Cookie
Oatmeal Chocolate Cookie
Italian Lemon Cake

DIETITIAN SERVICES AVAILABLE

Our Campus Dietitian is available to help students navigate and understand dining options on campus to meet their individual needs.

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@THEHEALTHYFROG

 dining.tcu.edu



Book
Appointment



CONTACT US

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