

Nutrition Facts and Ingredients

Banza Chickpea Penne Pasta

Nutrition Fa	cts
1 serving per container Serving size 8 oz	z (227g)
Amount Per Serving Calories	770
% Da	aily Value*
Total Fat 12g	15%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol Omg	0%
Sodium 80mg	3%
Total Carbohydrate 142g	52%
Dietary Fiber 20g	71%
Total Sugars 4g	
Includes 0g Added Sugars	0%
Protein 45g	
Vitamin D 0mcg	0%
Calcium 160mg	10%
Iron 12.1mg	70%
Potassium 2110mg	45%
* The % Daily Value (DV) tells you how much serving of food contributes to a daily diet. 2,00	

serving of food contributes to a daily diet. 2,000 calories a da is used for general nutrition advice.

INGREDIENTS: CHICKPEAS, PEA STARCH, TAPIOCA, XANTHAN GUM

Cavatappi Pasta

Nutrition F	acts
1 serving per container Serving size 7	oz (199g)
Amount Per Serving Calories	710
%	Daily Value*
Total Fat 3.5g	4%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol Omg	0%
Sodium Omg	0%
Total Carbohydrate 142g	52%
Dietary Fiber 7g	25%
Total Sugars 7g	
Includes 0g Added Sugars	0%
Protein 28g	
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 6.4mg	35%
Potassium 500mg	10%
* The % Daily Value (DV) tells you how m serving of food contributes to a daily diet. 2	

serving of food contributes to a daily diet. 2,000 calories a is used for general nutrition advice.

INGREDIENTS: CAVATAPPI PASTA (DURUM WHEAT SEMOLINA, VITAMINS [NIACIN, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], IRON [FERROUS LACTATE])

Bowtie Pasta

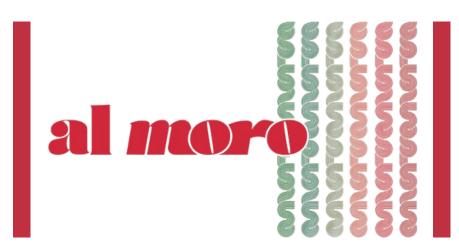
Nutrition Facts

1 serving per container Serving size 6	oz (170g)
Amount Per Serving Calories	600
%	Daily Value*
Total Fat 3g	4%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol Omg	0%
Sodium Omg	0%
Total Carbohydrate 125g	45%
Dietary Fiber 6g	21%
Total Sugars 6g	
Includes 0g Added Sugars	0%
Protein 21g	
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 5.4mg	30%
Potassium 330mg	6%
* The % Daily Value (DV) tells you how m	uch a nutrient in a

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: SEMOLINA (WHEAT), NIACIN, FERROUS SULFATE (IRON), THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID

CONTAINS: WHEAT



Nutrition Facts and Ingredients

Pesto-Alfredo Sauce

Nutrition	Facts
1 serving per container Serving size	2 oz (57g)
Amount Per Serving Calories	120
	% Daily Value*
Total Fat 9g	12%
Saturated Fat 2g	10%
Trans Fat 0g	
Cholesterol Omg	0%
Sodium 420mg	18%
Total Carbohydrate 6g	2%
Dietary Fiber 0g	0%
Total Sugars 2g	
Includes 2g Added Sugar	s 4%
Protein 1g	
Vitamin D 0mcg	0%
Calcium 70mg	6%
Iron 0.3mg	2%
Potassium 40mg	0%
* The % Daily Value (DV) tells you how serving of food contributes to a daily di is used for general nutrition advice.	

INGREDIENTS: MODIFIED CORNSTARCH, MALTODEXTRIN, SOYBEAN OIL, WHEY, PALM OIL, CANOLA OIL, PARMESAN, CHEDDAR, AND ROMANO CHEESE SOLIDS (PASTEURIZED MILK, CULTURES, SALT, ENZYMES), NONFAT DRIED MILK, YEAST EXTRACT, SODIUM CASEINATE (A MILK DERIVATIVE), WHEY PROTEIN CONCENTRATE, SALT, 2% OR LESS OF CELLULOSE GEL, ENZYME MODIFIED CREAM, SODIUM PHOSPHATE, SODIUM CITRATE, CALCIUM LACTATE, ENZYME MODIFIED MILK FAT, LACTIC ACID, XANTHAN GUM, DEXTROSE, SODIUM ALGINATE, ENZYMES, SODIUM LACTATE, ENZYME MODIFIED MILK FAT, LACTIC ACID, XANTHAN GUM, DEXTROSE, SODIUM ALGINATE, ENZYME MODIFIED NONFAT MILK, BUTTER (CREAM, SALT), NATURAL FLAVORS, ANNATTO & TURMERIC, HYDROLYZED CASEIN, DISODIUM ISOSINATE, SPICES, CALCIUM ALGINATE, DISODIUM GUANYLATE, SUNFLOWER OIL, BASIL, CHEESE (MILK, SALT, RENNET, LYSOZYME FROM EGG), SALT, EXTRA VIRGIN OLIVE OIL, VEGETABLE FIBER, FRUCTOSE, GARLIC, ASCORBIC ACID

Aglio E Olio

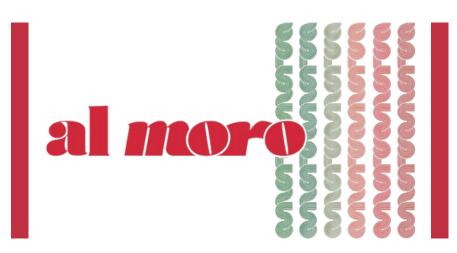
2 oz (60g) 430 Daily Value*
Daily Value*
24
63%
35%
0%
0%
1%
0%
0%
0%
0%
0%
0%

INGREDIENTS: OLIVE OIL, GARLIC, RED PEPPER FLAKES

Arrabiata Sauce

Nutrition	Facts
50 servings per contain Serving size	er 4 oz (72g)
Amount Per Serving Calories	60
	% Daily Value*
Total Fat 6g	8%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol Omg	0%
Sodium 310mg	13%
Total Carbohydrate 3g	1%
Dietary Fiber <1g	3%
Total Sugars 2g	
Includes 0g Added Sugar	s 0%
Protein 1g	
Vitamin D 0mcg	0%
Calcium 20mg	2%
Iron 0.4mg	2%
Potassium 20mg	0%
* The % Daily Value (DV) tells you how serving of food contributes to a daily di is used for general nutrition advice.	

INGREDIENTS: RAO'S MARINARA SAUCE, ONIONS (ONIONS, OLIVE OIL), OLIVE OIL, GARLIC, RED PEPPER FLAKES, BASIL, KOSHER SALT, BLACK PEPPER



Nutrition Facts and Ingredients

Portobello Mushroom Ravioli

Nutrition Fa	cts
1 serving per container Serving size 3 Ravio	li (90g)
Amount Per Serving Calories	60
% Da	ily Value*
Total Fat 4.5g	6%
Saturated Fat 3g	15%
Trans Fat 0g	
Cholesterol 25mg	8%
Sodium 280mg	12%
Total Carbohydrate 22g	8%
Dietary Fiber 1g	4%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Protein 7g	
Vitamin D 0mcg	0%
Calcium 70mg	6%
Iron 0.7mg	4%
Potassium 320mg	6%
* The % Daily Value (DV) tells you how much a serving of food contributes to a daily diet. 2,000 is used for general nutrition advice.	
	OUEFO

INGREDIENTS: RICOTTA CHEESE (PASTEURIZED MILK, PASTEURIZED WHEY, PASTEURIZED CREAM, VINEGAR, SALT), ENRICHED SEMOLINA FLOUR (SEMOLINA FLOUR [NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID]), WATER, PORTOBELLO MUSHROOMS, CRIMINI MUSHROOMS, CAGE EGGS, FREE PARMESAN CHEESE (PASTEURIZED PART SKIM MILK, CHEESE CULTURES, SALT, AND ENZYMES), SALT, GARLIC POWDER, STABILIZERS (XANTHAN GUM, LOCUST BEAN GUM, GUAR GUM), NATURAL FLAVORS, SPICES. BETA CAROTENE

CONTAINS: MILK, EGG, WHEAT

Vegan Meatballs

Nutrition F	acts
1 serving per container Serving size 3 Mea	tballs (90g)
Amount Per Serving Calories	160
	% Daily Value*
Total Fat 7g	9%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol Omg	0%
Sodium 380mg	17%
Total Carbohydrate 9g	3%
Dietary Fiber 3g	11%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 15g	
Vitamin D 0mcg	0%
Calcium 70mg	6%
Iron 2mg	10%
Potassium 370mg	8%
* The % Daily Value (DV) talls you have	much a sutrient in a

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

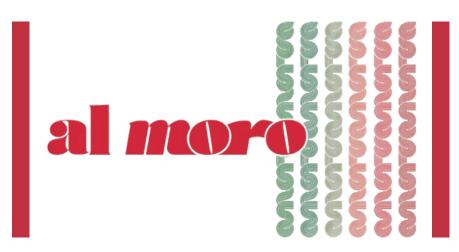
INGREDIENTS: WATER, TEXTURED SOY PROTEIN CONCENTRATE, CANOLA OIL, VITAL WHEAT GLUTEN, SOY PROTEIN ISOLATE, ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), 2% OR LESS OF: METHYLCELLULOSE, SALT, BARLEY MALT EXTRACT, ONION POWDER, YEAST EXTRACT, SPICES, GARLIC POWDER, FENNEL, NATURAL FLAVORS, CANE SUGAR, CRUSHED RED PEPPER, YEAST

CONTAINS: WHEAT, SOY

Italian Sausage

Nutrition I	Facts
1 serving per container Serving size	3 oz (85g)
Amount Per Serving	
Calories	290
	% Daily Value*
Total Fat 27g	35%
Saturated Fat 10g	50%
Trans Fat 0g	
Cholesterol 65mg	22%
Sodium 620mg	27%
Total Carbohydrate <1g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	s 0%
Protein 12g	
Vitamin D 0mcg	0%
Calcium 20mg	2%
Iron 1mg	6%
Potassium 220mg	4%
 The % Daily Value (DV) tells you how serving of food contributes to a daily did is used for general nutrition advice. 	

INGREDIENTS: PORK, WATER, CORN SYRUP SOLIDS, SALT, DEXTROSE, SPICES, PAPRIKA, MONOSODIUM GLUTAMATE, NATURAL FLAVORS, BHA, CITRIC ACID, PROPYL GALLATE

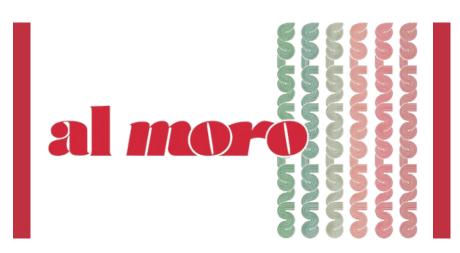


Nutrition Facts and Ingredients

Diced Chicken

Nutrition	Facts
1 serving per container Serving size	3 oz (84g)
Serving size	5 02 (0 4 9)
Amount Per Serving	
Calories	90
	% Daily Value*
Total Fat 1g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 50mg	17%
Sodium 55mg	2%
Total Carbohydrate Og	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	s 0%
Protein 19g	
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 0.5mg	4%
Potassium 0mg	0%
* The % Daily Value (DV) tells you how serving of food contributes to a daily die is used for general nutrition advice.	

INGREDIENTS: CHICKEN



Nutrition Facts and Ingredients

Roasted Chickpeas

Nutrition Fac	:ts
8 servings per container Serving size 2 Tbsp	(56g)
Amount Per Serving Calories	80
% Daily	/ Value*
Total Fat 2.5g	3%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 230mg	10%
Total Carbohydrate 12g	4%
Dietary Fiber 2g	7%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 3g	
Vitamin D 0mcg	0%
Calcium 20mg	2%
Iron 0.7mg	4%
Potassium 90mg	2%
* The % Daily Value (DV) tells you how much a r serving of food contributes to a daily diet. 2,000 ca	

is used for general nutrition advice.
INGREDIENTS: CHICKPEAS, OLIVE OIL,

PAPRIKA, KOSHER SALT, BLACK PEPPER, GARLIC POWDER, CAYENNE PEPPER

Roasted Mushrooms

Nutrition F	acts
17 servings per containe Serving size 2	er Tbsp (58g)
Amount Per Serving Calories	40
	% Daily Value*
Total Fat 3.5g	4%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol Omg	0%
Sodium 70mg	3%
Total Carbohydrate 2g	1%
Dietary Fiber 0g	0%
Total Sugars <1g	
Includes 0g Added Sugars	0%
Protein 1g	
Vitamin D 0mcg	0%
Calcium 10mg	0%
Iron 0.2mg	2%
Potassium 240mg	6%
* The % Daily Value (DV) tells you how serving of food contributes to a daily die is used for general nutrition advice.	

INGREDIENTS: MUSHROOMS, OLIVE OIL, PARSLEY, KOSHER SALT, TARRAGON, BLACK PEPPER, CHIVES, THYME, ROSEMARY

Tiramisu

Nutrition I	Facts
1 serving per container Serving size	3 oz (85g)
Amount Per Serving Calories	310
	% Daily Value*
Total Fat 18g	23%
Saturated Fat 10g	50%
Trans Fat 0g	
Cholesterol 110mg	37%
Sodium 45mg	2%
Total Carbohydrate 30g	11%
Dietary Fiber 1g	4%
Total Sugars 18g	
Includes 15g Added Suga	rs 30%
Protein 4g	
Vitamin D 0mcg	0%
Calcium 30mg	2%
Iron 1.9mg	10%
Potassium 0mg	0%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

INGREDIENTS: CREAM, EGGS, DARK CHOCOLATE, GRANULATED SUGAR, LADYFINGERS, UNBLEACHED WHEAT FLOUR, COFFEE EXTRACT, RUM, GELATIN, BAKING POWDER, MARSALA, CANOLA OIL, COCOA POWDER, MASCARPONE CHEESE

CONTAINS: MILK, EGG, WHEAT